School Counselors Share Shop



Register on: <u>www.myquickreg.com</u> Prior to April 7, 2015

Contact:

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Registration Questions?

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TUE\$DAY, APRIL 14, 2015

8:30 am-3:00 pm

CESA 10 Conference Center 725 W Park Avenue, Chippewa Falls

8:30-9:00 Check-ins

9:00-9:30 Introductions

9:30-11:30 Heather Fish, Safe and Healthy Schools & Communities Department Coordinator from CESA 5, will join us. She will be presenting on "Mental Health First Aid" - a public education program that introduces participants to risk factors and warning signs of mental illnesses, builds understanding of their impact, and overviews common supports. This will serve as an overview of the 8-hour course which uses role-playing and simulations to demonstrate how to offer initial help to youth in a mental health crisis and connect persons to the appropriate professional, peer, social, and self-help care. The program also teaches the common risk factors and warning signs of specific types of illnesses, like anxiety, depression, substance use, bipolar disorder, eating disorders, and schizophrenia.

11:30-Noon Carol Zabel will share DPI updates

Noon—1:00 Lunch

1:00-3:00 School counselor sharing